**National Film Board Resources**

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| **TOPIC** | **TITLE** | **ADDRESS** | | **COMMENTS** |
| Careers and passion | The Necktie | <https://www.nfb.ca/film/necktie/> | | The search for meaning in life  Cartoon-**12 minutes** |
| Health & Body Image | Flawed | <https://www.nfb.ca/film/flawed/> | | Lovely film that discusses self-acceptance  **(12 min.)** |
| Canada: Risk/Extreme Sport | The Mad Canadian | <https://www.nfb.ca/film/mad_canadian> | | Nova Scotia-Auto-jump races  **(10 min.)** |
| History & Geography of Canada | Postcards from Canada | <https://www.nfb.ca/film/postcards_from_canada> | | Incredible introduction to Canada  Outstanding photography and information  **(41 min.)** |
| Civil Resistance | My Grandmother Ironed the King’s Shirt | <https://www.nfb.ca/film/my_grandmother_ironed_the_king_shirts/> | | Oscar-nominated animation. Tall tale. Takes place in Norway. Includes historical information **(10 min.)** |
| Murder and the law. | Murder Remembered | [https://www.**nfb**.ca/film/**murder**\_**remembered**\_norfolk\_county\_1950/](https://www.nfb.ca/film/murder_remembered_norfolk_county_1950/) | | Docu-drama of a bank robbery in Ontario 1950. Case contributed heavily to the debate on capital punishment. **(45 min.)** |
| Science | Cosmic Zoom | <https://www.nfb.ca/film/cosmic_zoom> | | Nice imagery. No dialogue. Links the size of the universe to the micro universe of human body. **8 minutes** |
| Montreal | The Memories of Angels | [www.nfb.ca/film/memories\_of\_angels/](http://www.nfb.ca/film/memories_of_angels/) | | Montreal in the 1950’s and 1960’s. **1Hr**. **20 Min**. |
| Montreal North  Street gangs | Noir (preview) | <https://www.youtube.com/watch?v=AZQ-ClS-f9E> | | Street gangs in Montreal North |
| Community: Giving back to society | Ballads not Bullets: Tom Jackson | <https://www.nfb.ca/film/ballads_not_bullets_tom_jackson> | | How Tom Jackson used his music to fight poverty and homelessness **7 min. Interactive** |
| **TOPIC** | **TITLE** | **ADDRESS** | | **COMMENTS** |
| Multiculturalism  Immigration | Lights for Gita | | https:/www.nfb.ca/film/lights\_for\_gita | Cute film how a little Hindu girl deals with her disappointment regarding the cancellation of a religious celebration due to an ice storm. **7 min.** |
| Communication,  Technology | The Seven Digital Sins | | www. sins.nfb.ca | Interactive. Interesting short films, approximately **2 minutes each.** Great for communication or technology classes. |
| Geography  Culture  Political unrest | Calcutta Taxi | | https://www.youtube.com/watch?v=BZDqseih80 | Chance encounter of three people in Calcutta at a time of political unrest  **(25 min.)** |
| Romantic Comedy | George and Rosemary | | <https://www.nfb.ca/m/playlists/a9c46be849a245ce884384fc0fbefc1b/playback> | Passion is not only for the young! Part of a playlist. **(8 min.) See notebook file**\*[george\_amp\_rosemary\_nfb\_summarize\_story\_26march2015.notebook](https://api.edmodo.com/files/303441365/download?f=g43frvrijijrv1d0ghfj2psq)  493.1KB |
| Multiculturalism-Canada | Between: Living in the Hyphen | | <https://www.nfb.ca/playlists/bridgingcultures/viewing/between_living_in_the_hyphen/> | Finding a satisfactory reference in our ‘multicultural utopia’ turns out to be more complex than one might think. Refers to seven Canadians. (**45min).** |
| Food in Canada | Hold the Ketchup (chapter1) | | <https://www.nfb.ca/m/playlists/bb3c179e68084c82a68d410cc843b0b6/playback/#1> | Food in Canada from an Immigrant’s perspective **(6.25 min.) two more chapters.**  [hold\_the\_ketchup\_amp\_eating\_habits.notebook](https://api.edmodo.com/files/272538971/download?f=46nyg8zps2kne7cw1ie2a8hr8)  [future\_3\_unit\_08\_staying\_healthy.zip](https://api.edmodo.com/files/276323193/download?f=a75u2bf32xg6p36436dfin2yc) |
| **TOPIC** | **TITLE** | | **ADDRESS** | **COMMENTS** |
| Water | Bottled Life | | https://www.youtube.com/watch?v=czfSwjx4yYA | Official trailer (**1.5 min.)**The truth about Nestle and bottled water. |
| Youth and Urban Communities | Invisible Cities | | www.nfb.ca/film/invisible\_city/ | The disconnection of urban poverty and race from the mainstream. **(1.15hrs.)**  **Learning Bundle (complete with lesson plan}** |
| Equity studies Diversity/pluralism | Crossing the Line  Totem: Return and Renewal  In the Shadow of Gold Mountain  Race is a Four Letter Word  The Colour of Beauty  Passing the Torch of Memory: The Importance of Survivor Memory | | [**https://www.nfb.ca/education/learning-bundles/**](https://www.nfb.ca/education/learning-bundles/)  [**https://www.nfb.ca/film/vistas\_crossing\_the\_line/**](https://www.nfb.ca/film/vistas_crossing_the_line/)  [http://www.nfb.ca/film/totem\_return\_and\_renewal](https://www.nfb.ca/education/learning-bundles/)  [http://www.nfb.ca/film/in\_the\_shadow\_of\_gold\_mountain](https://www.nfb.ca/education/learning-bundles/)  [https://www.nfb.ca/film/race\_is\_a\_four-letter\_word](https://www.nfb.ca/education/learning-bundles/)  **(**  [www.nfb.ca/film/colour\_of\_beauty/](http://www.nfb.ca/film/colour_of_beauty/)  <https://www.facinghistory.org/educator-resources/witnesses-history> | 6 films to help bridge cultural divide  **Learning Bundle (complete with lesson plans}**  Crossing the Line turns the politics and conflicts of a playground sandbox into an allegory for the way nations treat one another, and the borders seem to do more harm than good.**(3.18 min.)**  In his 2003 NFB film [***Totem: the Return of the G'psgolox Pole***](http://www.nfb.ca/film/totem_the_return_of_the_gpsgolox_pole/), filmmaker Gil Cardinal documented the struggle of the Haisla people of British Columbia to recover a traditional mortuary totem pole. This half-hour documentary follows the events of the final journey of the G'psgolox Pole as it returns home to Kitamaat and the Haisla people. **(23 min.)**  Filmmaker Karen Cho travels from Montreal to Vancouver to uncover stories from the last survivors of the Chinese Head Tax and Exclusion Act, a set of laws imposed to single out the Chinese as unwanted immigrants to Canada from 1885 to 1947. Through a combination of history, poetry and raw emotion, this documentary sheds light on an era that shaped the identity of generations. **(43 min.)**  In this personal documentary, director Sobaz Benjamin introduces us to an interesting group of people: a black woman who wants to be considered iconically Canadian, a white man who is culturally and psychologically black, and a black woman who decides to leave “Canada’s racial cold war.” He also exposes himself, a black man who grew up trying to bleach his skin. In the end, ***Race Is a Four-Letter Word***teaches us that the soul has no colour. Yet, we also learn that race is a marathon we are all forced to run. (**55 min.)**  ***The Colour of Beauty*** is a shocking short documentary that examines racism in the fashion industry. Is a black model less attractive to designers, casting directors and consumers? What is the colour of beauty? **(17 min)**  **Holocaust survivors** and their families talk about the importance of survivor testimony. (**5.51min.)** |
| **TOPIC** | **TITLE** | | **ADDRESS** | **ADDRESS** |
| Advertising Consumerism | TV Sale  The Bronswik Affair  \*This is a Recorded Message | | [www.nfb.ca/education/learning-bundles/#/activity/manufactured-images-the-far-reaching-effects-of-advertising-and-consumerism](http://www.nfb.ca/education/learning-bundles/#/activity/manufactured-images-the-far-reaching-effects-of-advertising-and-consumerism)  [http://www.nfb.ca/film/tv\_sale](https://www.nfb.ca/education/learning-bundles/)  [http://www.nfb.ca/film/bronswik\_affair](https://www.nfb.ca/education/learning-bundles/)  [http://www.nfb.ca/film/this\_is\_a\_recorded\_message](https://www.nfb.ca/education/learning-bundles/) | 3 films Media Education: Spreading the message of consumerism  **Learning Bundle (complete with lesson plans)**  This animated short is an entertaining and incisive satire on some of the material that is disgorged via the "boob tube." The opening pitch of the television salesman establishes the tone of this pithy film: a solid-state model guarantees high-quality entertainment, and programs are always designed around products, not spectators. **(10 min.)**  This funny yet serious short film demonstrates the effectiveness of advertising and the marketing machine. Its comic appeal lies in the characters and the absurd situations they find themselves in, but it also shines a harsh light on our tendency towards needless consumerism prompted by a steady flow of commercials. **(23 min.)**  This experimental animated short takes a critical look at consumerism in a material world. Thousands of cut-out ads are presented in increasingly fragmented, rapid succession. The film's disorienting and hectic pace seeks to interrogate the extent to which seductive advertising is a shockingly strong force in shaping our desires, needs, and lives in contemporary capitalism. **(10 min.)** |
| **TOPIC** | **TITLE** | | **ADDRESS** | **COMMENTS** |
| Environmental Leadership | Films for Change  An Ecology of Hope  The Weight of the World  St. Lawrence: Stairway to the Sea  Cries from the Deep  Worst Case Scenario   1. Being Caribou   Uranium  Crapshoot: The Gamble with our Wastes | | www.nfb.ca/playlist/films-change  https://www.nfb.ca/film/an\_ecology\_of\_hope/  https://www.nfb.ca/film/weight\_of\_the\_world/  https://www.nfb.ca/film/st\_lawrence\_stairway\_to\_the\_sea  https://www.nfb.ca/film/cries\_from\_the\_deep/  https://www.youtube.com/watch?v=oDvyEO6A7R4  <https://www.youtube.com/watch?v=SsJ3w7hUfLs>  <https://www.nfb.ca/playlists/films-change/playback/#7>  <https://www.nfb.ca/playlists/films-change/playback/#8> | **Playlist. 8 documentary films**. **Comes with Teachers’ Guide.** Varied lengths of time. The films cover topics such as the St. Lawrence River, Obesity, Nfld- (Jacques Cousteau), Poisonous gas (drilling for oil), the hazards of mining (Uranium), ‘Crapshot-‘ (waste management), the survival of the caribou, and lastly magnificent landscapes.  A documentary portrait of ecologist Pierre Dansereau, the film takes us from Baffin Island to New York City, from the Gaspé Peninsula to Brazil. At each stop on this world tour, we hear his story and witness landscapes of breathtaking beauty.**(1 hr. 24 min.)**  This fascinating documentary looks at obesity. Stockholm’s Dr. Stephan Rossner, an obesity specialist, proves beyond doubt that obesity is a man-made epidemic. **(51 min.)**  In this spectacular feature-length documentary, oceanographer Jacques Cousteau and an NFB crew sail up the St. Lawrence River to the Great Lakes on board the specially equipped vessel, the *Calypso*. They explore the countryside from their helicopter and plumb the depths of the waters in their diving saucer. They encounter shipwrecks, the Manicouagan power dam, Niagara Falls, the locks of the St. Lawrence Seaway and an underwater chase with caribou. **(1hr. 36 min.)**  This documentary records the journey undertaken by Jacques Cousteau, his 24-member team, and an NFB film crew to explore the Grand Banks of Newfoundland, one of the world's richest fishing areas. They discover shipwrecks, film icebergs and observe beluga whales, humpback whales and harp seals. The film also includes a fascinating sequence showing *Calypso* divers freeing a calf whale entrapped in a fishing net. **(1hr. 36 min.)**  A deadly hydrogen sulphide leak is one potential side-effect of a proposed Shell Canada sour gas well in Alberta. When mediation talks break down between Shell and concerned locals, both sides anxiously await a ruling from Alberta's Energy and Utilities Board**. (44 min.)**  In this feature-length documentary, husband and wife team Karsten Heuer (wildlife biologist) and Leanne Allison (environmentalist) follow a herd of 120,000 caribou on foot across 1500 km of Arctic tundra. In following the herd's migration, the couple hopes to raise awareness of the threats to the caribou's survival. Along the way they brave Arctic weather, icy rivers, hordes of mosquitoes and a very hungry grizzly bear. **(1hr. 12 min)**  This documentary looks at the hazards of uranium mining in Canada. Toxic and radioactive waste pose environmental threats while the traditional economic and spiritual lives of the Aboriginal people who occupy this land have been violated. Given our limited knowledge of the associated risks, this film questions the validity of continuing the mining operations. **(48 min.)**  A hazardous mix of waste is flushed into the sewer every day. The billions of litres of water - combined with unknown quantities of chemicals, solvents, heavy metals, human waste and food - where does it all go? And what does it do to us? Filmed in Italy, India, Sweden, the United States and Canada, this bold documentary questions our fundamental attitudes to waste. Does our need to dispose of waste take precedence over public safety? What are the alternatives? **(53 min.)** |
| Meditation | One Moment Meditation | | <http://www.youtube.com/watch?v=F6eFFCi12v8> | A cute stick-figure YouTube video on how to meditate in one minute or less. **(1 min)** |
| Canadian Ancestry/Ethnicity | Boxed in | | [www.nfb.ca/film/vistas\_boxed\_in/](http://www.nfb.ca/film/vistas_boxed_in/) | A young woman of mixed ancestry struggles with an Equal Opportunity Form that requires her to respond to the dilemma: Ethnicity - Choose One. **(4 min)** |
| **TOPIC** | **TiTLE** | | **ADDRESS** | **COMMENTS** |
| Consumerism, citizenship, Canada | Wal-Town The Film | | [www.nfb.ca/film/wal\_town/](http://www.nfb.ca/film/wal_town/) | Excellent film on raising public awareness about Wal-Mart's business practices and their effect on cities and towns across Canada. **(1:06:12)** |
| Social challenges: -change - family diversity - relationships in society - defining cities/urban regions | Growing Up Poor, Black and Fatherless: What’s the Impact?  Invisible City | | <https://www.nfb.ca/education/learning-bundles/#/activity/invisible-city>  <https://www.youtube.com/watch?v=JrkF49YUY6c>  **(1.07 hrs.)**  [www.nfb.ca/film/invisible\_city/](http://www.nfb.ca/film/invisible_city/)  **(1:15 hrs.)** | **Learning Bundle:** **(complete with lesson plans)**  Youth and Urban Communities: Where is the Invisible City? |
| Learning Through Listening  Literature  AUDIO  PODCASTS! | L.A. **Theatre** Works | | <http://blog.nfb.ca/blog/2014/02/24/audio-resources-in-the-classroom/>  <https://www.nfb.ca/film/macbeth/>  **(2 hrs.)**  <https://beta.prx.org/stories/151137>  **(2 hrs.)**  <https://www.nfb.ca/film/m_butterfly/>  **(1:51min.)**  <https://beta.prx.org/stories/69014>  **(2 hrs.)**  <https://soundcloud.com/latheatreworks/war-of-the-worlds>  **(1 hr.)** | [L.A. Theatre Works: **MacBeth**](https://www.nfb.ca/film/macbeth)  [L.A. Theatre Works: **12 Angry Men**](https://www.nfb.ca/film/twelve_angry_men)  [L.A. Theatre Works: **M. Butterfly**](https://www.nfb.ca/film/m_butterfly)  [L.A. Theatre Works:**Dracula**](https://www.nfb.ca/film/dracula)  [L.A. Theatre Works: **War of the Worlds**](https://www.nfb.ca/film/war_of_worlds) |
| Immigration Challenges | Ying Jia Corner Store in La Petite Patrie | | <http://cornerstore.nfb.ca/> | Portrait of an Immigrant Chinese Family.  **(4 min.)** |
| Pedagogy  Life Lesson | Truly Amazing Teacher | | <https://www.youtube.com/watch?v=j9RDfv5OAZQ> | The greatest life lesson ever taught in a matter of 10 minutes by an extraordinary man! Must watch! **(12 min.)** |
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| All about MONTREAL! | Holy Mountain | | http://holymountain.nfb.ca/#/holymountain | **AN IINTERACTIVE FILM.** Viewer can control what he sees on Montreal’s mountain |
| Health  Obesity | The Weight of the World | | https://www.nfb.ca/film/weight\_of\_the\_world | This fascinating documentary looks at obesity. Stockholm’s Dr. Stephan Rossner, an obesity specialist, proves beyond doubt that obesity is a man-made epidemic. ...  **(51 min.)** |
| Immigration-Work | Voice Job | | <https://www.nfb.ca/film/voice_job/> | This short documentary profiles a different tool for getting work. In an immigration-rich society, the agency **Voice Job** offers an alternative to the traditional **job** ...  **(9:40 min.)** |
| Global Issues | If I Could Change the World | | <https://www.youtube.com/watch?v=wuRURJ9E3iQ> | **Outstanding documentary with no words! PEI school project**  Excellent video for a discussion on our global community. **(6 min.)** |
| Effect of technology on online generation | Look up | | <https://www.youtube.com/watch?v=Z7dLU6fk9QY#t=84> | A commentary in rhyme on our obsession with technological gadgets and social media**. (5 min.)** |
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| Discover Science:  Episode 6 | The Secret of Aerial Ballet | | <https://www.onf.ca/film/discover_science_episode_6_the_secret_of_aerial/> | A group of aerial ballerinas choreograph a performance in order to demonstrate different rotational motions. Using a specially made rope and hoop, they explore the effects of rotating speed. **(14 min.)** |
| History of Montreal | Canada Vignettes: My Dear Albertine | | <https://www.onf.ca/film/canada_vignettes_ma_chere_albertine/>  (French version)  <https://www.youtube.com/watch?v=412_wQf0bD0>  (English version) | This short film from the Canada vignettes series describes the city of Montreal from the years 1905-1910 using hand-painted postcards. **(5 min.)** |
| Canada –Logging Industry; Romance | Canada Vignettes: Log Driver's Waltz | | <https://www.nfb.ca/film/log_drivers_waltz/> | * This lighthearted, animated short is based on the song "The Log Driver's Waltz" by Wade Hemsworth. Easily one of the most often-requested films in the NFB collection, Kate and Anna McGarrigle sing along to the tale of a young girl who loves to dance and chooses to marry a log driver over his more well-to-do competitor. Driving logs down the river has made the young man the best dancing partner to be found. (**3.28 min.)** |
| Multiculturalism | Canada Vignettes: Faces | | <https://www.nfb.ca/film/canada_vignettes_faces/> | This short animation attempts to show the landscape of Canadians through a series of transforming faces -- young, old and from many different backgrounds, illustrating the great variety of people living in our country. (**1.14 min)** |
| **TOPIC** | **TITLE** | | **ADDRESS** | **COMMENTS** |
| Relationships | Canada Vignettes: The Maple Leaf | | <https://www.nfb.ca/film/canada_vignettes_the_maple_leaf/> | In this animated short, the maple leaf on the Canadian flag turns into two profiles that illustrate the many relationships between people. (**1 min.)** |
| Society | Canada Vignettes: The Egg | | <https://www.nfb.ca/film/canada_vignettes_the_egg/> | In this animated short from the *Canada Vignette* series, learn how societies in evolution are often in danger of self-destruction. (**1 min.)** |
| Natural Resources-Canada | Canada Vignettes: Dance | | <https://www.nfb.ca/film/canada_vignettes_dance/> | In this short film from the Canada Vignettes series, a map of Canada morphs into human forms that share the country's natural resources to the rhythm of a dance**.(2.14 min)** |
| Canadian History | Canada Vignettes: Voyageurs | | <https://www.nfb.ca/film/canada_vignettes_voyageurs/> | This very short animation from the Canada Vignettes series illustrates the hardships of voyageurs' lives in the early Canadian  fur trade. **(1 min.)** |
| Canadian History | Canada Vignettes: News Canada | | <https://www.nfb.ca/film/canada_vignettes_news_canada/> | In this short film from the ***Canada Vignettes*** series, historical events are depicted through simulated 1878 news broadcasts. **(3.28 min.)** |
| Language Acquisition! | Canada Vignettes: Instant French | | <https://www.nfb.ca/film/instant_french/> | This animated short is a take on the "As Seen on TV" commercials, or the K-Tel ads of yesteryear. In this parody version, the ad attempts to sell an electronic device that allows one to speak fluent, effortless French. **(1:13 min.)** |
| Discrimination | The Interview. | | <https://www.nfb.ca/film/interview-en/> | In “The Interview”, racial stereotypes and prejudices deprive a highly qualified candidate of a fair interview – and may prevent an employer from hiring the best person for the job. |
| Looking for Work | Taxi Libre | | <https://www.nfb.ca/film/taxi_libre> | Very powerful yet serious.. You may find it interesting if you are doing Looking for work situations with your students**.** Great Hook**! (12 minutes)** |
| Looking for work | Job Interview at Heineken  **The Candidate** | | <http://www.youtube.com/watch?v=Aq6y3RO12UQ> | Real story. Indicates what is asked during an interview and how an applicant answers and behaves to get the job! (**3.75 min.)** |
| Bioethics | Discussions in Bioethics: The Courage of One's Convictions | | <https://www.nfb.ca/film/discussions_in_bioethics_the_courage_of_ones/> | One of a series of short, open-ended dramas designed to stimulate discussion of values and ethics in relation to modern technology. Because of her religious convictions, a 17-year-old girl refuses medical treatment that will prolong her life. Her decision remains firm in spite of the pleas of her physician, who begins to question who has the right to determine a person's life or death. **(15 min.)** |
| Immigration | The Chinese Violin | | <https://www.nfb.ca/film/chinese_violin> | In this animated short, a young girl and her father move from China to Canada, bringing only their Chinese violin along for the journey. As they face the challenge of starting fresh in a new place, the music of the violin connects them to the life they left behind and guides the girl towards a musical future. **(8.25 min.)** |
| Racism | Still Waiting for Justice | | <https://www.nfb.ca/film/still_waiting_for_justice/> | This short documentary is about an Aboriginal corrections officer who says he is the victim of workplace racial harassment. He has spent the last 18 years fighting a government institution for justice. (**15 min.)** |
| Canada | Canada the Land | | <https://www.nfb.ca/film/canada_the_land/> | Filmed for the most part from a low-flying aircraft, this documentary short presents a breathtaking view of Canada from coast to coast. Showing the varied terrain, from craggy coast to towering glacier, the film illustrates Canada’s pristine wilderness as well as today's industrial and urban realities**. (7 min.)** |